

## “SPIRITUAL FITNESS THRU CREATIVE EXPRESSION”

Explore various mediums of creative expression to open the flow of Spirit ‘as’ you! Discover the fun and freedom from living spontaneously, in the now! Integrate your creative imagination with your intellect to strengthen your foundation for JOYful Living.

### Ongoing Community Activities

**Cosmic Clowns:** This troupe is designed to entertain and compassionately care for the elders of this Community. In institutional or residential visits, these marvelous messengers of mirth delight the often childlike souls of the aged.

**IntoMe Theatre:** An innovative way to explore both spiritual teachings and the human journey we share together, from the point of view that Source is within.

**JOYful Jubilations Choir:** Do you have an inner desire to make a JOYful Noise that you just have to share but don’t know where? Come and join others with the same Desire to Sing and have some Fun.

### Wednesday Night Workshop Series

“Story Sticks” January 23rd Rev. Nadene Rogers

“The Passing Zone” March 12th Bruce Lee

“Creating Holy Relationships” April 15th Rev. Nadene Rogers

“Inspirational Quote Books” May 21st Shelley Lahaise

“Frame It For Fun” June 18th Maureen Phillips

“Communication Styles” September 24th Shelley Lahaise

“Conscious Humor” October 22nd Sheryl Hinds

“Community JOY Quilt” November 19th Rev. Nadene Rogers

7– 9 pm At: the JOY of Life House 1765—2 Ave NW

Cost For All Workshops:

Members: \$20.00 person/\$35.00 couple (significant other)

Non Members: \$25.00 person/\$45.00 couple (significant other)

**JOY within our own lives!**

Discover Us! [www.joyoflifecentre.com](http://www.joyoflifecentre.com)



## JOY OF LIFE CENTRE Class & Workshop Schedule for 2008

For **REGISTRATION AND INFORMATION** call  
the office @ **247-0602**



Sunday Service & Funday School 10:30 AM  
Cedarbrae Community Association  
11024 Oakfield Dr SW

Phone: 403-247-0602

Fax: 403-247-3576

E-mail: [joyus@telus.net](mailto:joyus@telus.net)

Web: [www.joyoflifecentre.com](http://www.joyoflifecentre.com)

Mailing Address

Suite 724, 105—150 Crowfoot Crescent NW  
Calgary, AB T3G 3T2

## What is New Thought

**Classes are facilitated by Rev. Nadene Rogers  
unless otherwise stated**

### **Tuesday Evenings from 7:00—9:30 pm**

**The Spiritual Path** March 25—May 27

**Principals of Successful Living** March 25—May 27

**What the Mystics Knew** September 9—November 11

### **Tuesday Days from 10:00 am—12:30 pm**

**Building a Healing Consciousness** January 8—February 26

**Power of Decision** March 25—May 27

**The Spiritual Path** September 9—November 11

### **Wednesday Evenings from 7:00—9:30 pm**

**Self Sabotage—I Was a Prisoner of My Own Mind**

January 30—March 26

Facilitator: Rev. Doug Craig

8 Week Course with Maximum Registration of 12 people

Fee: \$200.00 per person

### **Thursday Evenings from 7:00—9:30 pm**

**Prosperity Two-Step** 10 week course April 3—June 12

Fee: \$110.00 (for the cost of materials) - Tithing component

**Spiritual Economics** September 18—November 20

- Tithing component

**Classes run in units of 8 weeks at the fee of:**  
**\$150.00 members; \$175.00 non members; \$75.00 for youth 16 - 23yrs.**  
Unless otherwise stated

**Location for all Classes:**  
**JOY of Life House 1765—2 Ave NW**

**A Deposit of \$50.00 required to confirm registration**  
Participation confirmed through prepayment Only.  
Require a minimum of 4 prepaid participants for class to be held  
Cash/Cheque/Payment Plans Available

All Cheques made payable to the JOY of Life Centre

The New Thought movement was born almost 150 years ago as a revolt against the old and negative dogmas so prevalent in the churches of that day. With its deliberately optimistic message of love, possibility, oneness, hope and happiness, New Thought has shaped the thinking of many generations and has sought to set us free from the old and conventional ideas of fear, shame, sin, despair and punishment. In the final analysis, New Thought is not really about answers; it's about Questions in life. Who am I? What is my purpose? What is the ultimate Truth about life? As we free ourselves from the superstitions and dogmas of the past and pursue the answers to these questions within ourselves, we are traveling the path of New Thought.



Rev. Nadene Rogers



Rev. Doug Craig



Sheryl Hinds

## **“Dr. Holmes Bursary”**

**If you are a Member of the JOY of Life Centre, inquire about making an application to be considered.**

Do you have this burning desire to take a class and in the same moment have this uncertainty as to how you can cover the cost of the Registration Fee?

This Bursary is funded by the many students of Science of Mind, in gratitude for the transformative changes that have taken place in their lives. It is available in support of others wanting to move forward in their spiritual journey by “Being the Change” they want to see in their lives.

## **Ceremonial Events**

Spring Equinox	Thursday, March 20th
Summer Solstice	Saturday, June 21st
Autumn Equinox	Monday, September 22nd
Winter Solstice	Sunday, December 21st

**Cost per Solstice/Equinox: Love Offering Appreciated**  
**For more information and Location on Solstice/Equinox**  
**Please Contact the Office at: 247-0602**

Join us Monday to Friday Between 8:00—8:30 am on  
XL 103 for your “Morning Hug”