



PRESENTS: **JOYhouse Workshop Series**

7:00 – 9:00 pm

JOY of Life House 1765 – 2 Ave NW



Facilitated By: Toni Hegge

Born with an inquisitive mind, Rev. Toni's path has been down many less traveled roads. From his service in the US Navy to his career in the construction industry, studying with teachers of many traditions he has come to his own special perspective of deep spiritual truth in a practical, down to earth path to application. He now serves as the pastor of the Westside Centre for Spiritual Living in Calgary, Alberta Canada. A gifted teacher and speaker he speaks and teaches through out North America. As teacher of awareness, the practice of being aware, he brings this perspective to teaching and speaking about the power of operating in your business and your life from the awareness that anything is possible.

The author of eight books on spiritual psychology, many articles on living from the awareness of being rather than doing, and with an internet broadcast on spiritual living in the works, he seeks to help all of humanity in creating a future not already in the cards.

March 18 - Gender of Spirit

It will focus on the mistaken assumptions we hold about the nature of ourselves and spirit in this most intimate of relationships with ourselves and our source. As we gain our appreciation of the feminine aspect of spirit we will find a new balance in our being with spirit in our lives.

April 15 – Meditation for Busy People *

There will be a love offering taken. If you have ever wondered how to add meditation to your spiritual practice but never can find the time this is for you. We will learn a short cut to connecting to that deep personal place where we touch spirit and find peace so that the few minutes we can find in our day can be given to this essential practice.

May 20 – Islam for Westerners

We will cover the basic history of Islam as a faith tradition, the basic ideas and some discussion on the roots of its current footprint in the world. We will also discover the places where our traditions overlap and are not in conflict.

June 17 – Faith When In Pain

Most of us have what I call Sunday Faith. It is faith when there is no requirement to act beyond what we already see or know. When our lives are experiencing pain this faith deserts us. In pain, a different sort of faith is necessary. It is not difficult to find but we rarely look where it arises from. We will explore and discuss our own experiences of finding faith in the pain and develop shortcuts to finding it when necessary.

JOLCSL Members: \$20.00 person/\$35.00 couple (Significant Other),

Non Members: \$25.00 person/\$45.00 couple

*** April 15 – Love Offering Taken**

For information on the JOY of Life Centre for Spiritual Living go to: www.joyoflifecentre.com

For more information on the Workshop or to register, please call: 403-247-0602 or join the JOY of Life at their Sunday Celebration 10:30 am Cedarbrae Community Association - 11024 Oakfield Dr SW

Participation confirmed only through prepayment.

Require a minimum of 4 prepaid participants for Workshop to be held

Cash/Cheque/Visa/MasterCard Accepted