



Opening Hearts Inspiring Minds Celebrating Sacred Connection

Glede av liv joie de la vie
Joy of Life
Gödelde am Leben

**Calgary JOY of Life Centre
for Spiritual Living**

2011 Curriculum



An Intelligent Teaching for the 21st Century

CALGARY JOY OF LIFE CENTRE FOR SPIRITUAL LIVING

“OPENING HEARTS INSPIRING MINDS CELEBRATING SACRED CONNECTION”

We teach - not preach, the principles of Science of Mind; ancient wisdom that is relevant in a modern world. Science of Mind is an intelligent way to think and to live, in essence - practical spirituality.

There are many in this world today sharing the message that we live in a spiritual universe and that as spiritual beings having a human experience, there is a power for good that we can use.

Honoring all paths to the divine, we grow to revere the unity of life. We begin anew through the direction of our thought and faith in an Intelligence within us that knows how to create through us, the expression of our infinite potential. Envision your best life and explore the principles and application of a transformative and provable teaching that will expand your mind and bring you the experiences you have until now only imagined.

We have designed this year's programs to suit differences in learning styles and lifestyles. We look forward to expanding our connection with action minded, like minded individuals dedicated to doing what it takes to create lives that work and a world that works for everyone.

**Rev. Nadene Rogers,
Spiritual/Executive Director**

Science of Mind Teaching: An Overview

Science of Mind is a 21 Century teaching that holds within it everything for everyone. Dr. Ernest Holmes, founder of Religious Science International (now called International Centers for Spiritual Living www.icsl.org) and the Science of Mind teaching put forward these ideas:

Infinite Creative Intelligence is inherent within all people and we experience this Intelligence to the degree we become conscious of It. An optimal life is one in which we are emancipated from all discord of every nature, and this experience can be attained by all. We live in a spiritual universe which operates through the Law of Cause and Effect, from which our earthy experience is made manifest. We are surrounded by a Creative Mind which receives the direct impress of our thought and acts upon it. All thoughts create and we therefore are co-creators of our reality. Each of us are unique individualizations of this Creative Mind, and can use this power for good to demonstrate the lives of our choosing. We are not our thoughts, we are the thinker behind our thoughts, with the ability and desire to experience the ever-evolving potential of Life Itself by means of us. Herein is found our truth and the experience of freedom we seek to know.

How can we understand these ideas personally?

“Man comes into objectivity with the tendency of the race already subjectified within him, through race-suggestion. The race experiences sickness and limitation, and this suggestion is more or less operative through all people. It works through the subjective race thought and operates through the individual. Man need not consciously think negation in order to produce physical disturbance, but the physical correspondent is a logical outcome of what he thinks. Thus we see not only how important it is to entertain right thoughts, but also the necessity for having a constructive basis for our thinking.” - Science of Mind Text pages 177/4 - 178/1



Dr. Ernest Holmes (1887 – 1960)

STUDENT TESTIMONIALS

To all individuals who feel a calling or hunger to enhance their experience of life with more of all the "good" things they can imagine, the most powerful program I have personally participated in is the International Centers for Spiritual Living class curriculum. I have read and or followed numerous book and tape programs as well as success seminars by the dozen. I always felt something was missing. There are dozens of systems to emulate but all the systems emphasize behaviour over right thinking and beliefs. By discovering right thinking I can have more without doing more. If you love yourself and life, take a class and make it the best life possible! - Carl

The person that took her first class almost 5 years ago is different to the person that I am now. I am looking at my life from a little different angle these days, and opening up to the Divine that is in me. Looking at both the possible and the impossible – aren't they the same. If I add one letter to impossible, look what I get: I AM Possible. Changing the paradigm and taking fear from the equation and coming back to the statement that we are "Unlimited potential and possibility". Working from that cleanest of slate, without the fear of past experiences effecting my life now. This is what class has taught me. That all that matters is what is coming from the inside. The outside can and will take care of itself, because of what is happening within. – Susan

Taking SOM classes has made an impact in my life. I used to think that there was a Higher Power, however I believed it was outside of me, I was not deserving of its support and my self-confidence depended on the fact if others liked me or not. By taking classes I was introduced to an idea that all thought creates and I am in charge of my consciousness. The classes helped me to determine what my thoughts and beliefs were about relationship, health, prosperity and spirituality. The awareness that came from interaction with others, learning about the spiritual principles and applying them to my life has opened up to a smorgasbord for me. There is work involved, inner work, discipline and observations. The results are freeing and exhilarating. What is it that I really like to be today...and then go out and be exactly that. - Monika

By taking Science of Mind classes I have had the wonderful opportunity to see my life from a different perspective. Through these classes, I have received tools that assisted me in making

changes in my belief system and now live a richer, more joyful life. I am forever grateful for this teaching! - Darlene

'The Principles of Financial Freedom, Duplicating the Nature of Spirit in Your Financial Affairs course, is a thought provoking course which brings to the surface the true nature of universal abundance. It is a unique and transformational program that inspires the mind to be creative in its process of thinking. I recommend this course to everyone who wants to go full circle in their financial affairs. - Claude

I came here an unanchored shell that was buffeted around in a world that had no place for me. Learning to use these spiritual principles has allowed me to ground myself. No longer adrift, I feel centered, loved, and inspired. Before, I never knew enough to dream of this wondrous place – now I live there. I am free. – Helen

SCIENCE OF MIND

Accredited Classes

Science of Mind is offered in 4 levels of study known as the 100/200 Series, Practitioner study 300/350 Series, and Ministerial study 400 Series. Through our affiliation with International Centers for Spiritual Living (ICSL) www.icsl.org all accredited classes completed must be registered. *(This is an additional cost to the students, payable upon registration)* To obtain a Practitioner License and enrollment in SOM 300/350, the prerequisite is an ICSL Certificate of Completion for SOM 100/200 Series in addition to receiving sanction by a certified teacher of SOM 300/350.

This study offers spiritual tools for modern day living...a new way to think and live and a soul-satisfying, supportive environment in which to express and experience the truth of who you are.



SOM220U - FINANCIAL FREEDOM

Reverend Nadene Rogers

Tuesday evenings 7:00 – 9:30, January 4th – February 22nd

In this course, you will examine your belief systems and gain perspective on how they are at work in your life. It examines the interplay between thoughts, emotions, desire, action, spirit, and all facets of being. It then shows how to use them to create a new level of well-being and abundance.

SOM213 - CREATIVE PROCESS IN THE INDIVIDUAL

Reverend Nadene Rogers

Tuesday mornings 10:00 – 12:30, March 22nd – May 10th

Based on the work of Thomas Troward, this course explains the nature of creative action, beginning with the formation of the Universe and ending with a vista of infinite possibilities. Troward starts with basic principles and shows how these may be carried into the future. We are not only able, but required by the law of our own being to take a more active part in our own personal evaluation and evolution.

SOM222U – SELF-MASTERY: THE EMERGENCE OF THE TRUE SELF

Reverend Nadene Rogers

Tuesday evenings 7:00 – 9:30, March 22nd – May 10th

This course focuses on healing the perceived separation between personality and Spirit. Through an active exploration of the creative nature of thoughts and feelings, beliefs and emotions, you will have an opportunity to gain mastery in the art of living as conscious, intentional beings.

SOM105U – NEW FOUNDATIONS

Reverend Nadene Rogers

Tuesday mornings 10:00 – 12:30, June 7th – July 26th

The intention of this course is for students to move from their head to their heart and to be able to integrate spiritual principles into their lives. Each week a new spiritual principle is presented, along with a supporting spiritual practice to deepen your understanding. As powerful as the ideas of Science of Mind are, they are of no use to you unless you can apply them beneficially in your life. Join us and embark upon a life-changing journey towards your greater good.

SOM300

Reverend Nadene Rogers

Wednesday evenings 7:00 - 9:30, June 8th - July 27th, September 14th - December 27th

Professional Practitioner Training (SOM 300) offers the advanced student of Science of Mind a unique opportunity to understand and develop the healing presence within us all. Beginning with addressing and clearing personal mental blocks or emotional conflicts within the

subconscious mind, the student builds a powerful healing consciousness and learns to utilize the Power for Good to enhance the lives of those who request spiritual mind treatment. The tools which are developed are useful for one's own spiritual growth, as well as for the elevation, healing and prospering of others. The Intern year (SOM 350) provides rich opportunities to practice the Principle and experience the results or demonstrations of spiritual mind treatment work. (Prerequisite: ICSL/UCSL SOM 100 and 200 Series Certificate within a 3 year time period of course registration.)

SOM223U - MEDITATION IS MORE THAN YOU THINK

Reverend Tina May Wilding

Tuesday evenings 7:00 – 9:30, June 7th – July 26th

Every mountain has a number of different trails and each traveler has their own preference of which way to enjoy the journey. This course offers an experience of many different modalities of meditation so each participant can metaphorically smell the air and enjoy the scenery of different kinds of meditation. This is ultimately a survey experience exposing allowing participants the broadest choice and be drawn to one or more that they will use to delve into deeper spiritual practice.

SOM106U – BEYOND LIMITS

Reverend Nadene Rogers

Tuesday mornings - 10:00 - 12:30, September 13th - November 1st

This course is a transformational adventure! It offers the foundational principles in a dynamic new format. You will enter into an exploration of an expanded and empowered life. Topics include Oneness, Spiritual Mind Treatment, the reciprocal universe, the creative process, and hidden beliefs. It is a discovery of your individual place in the Universal scheme of things and your personal relationship to the Creative Power.

SOM206U – PRACTICAL MYSTICISM

Reverend Nadene Rogers

Tuesday evenings - 7:00 - 9:30, September 13th - November 1st

Mysticism is the heart of Religious Science, for our basic belief is in the fundamental oneness of all life. This course is an exploration of mysticism, and is designed to evoke the inner mystic that indwells you. Ideal for anyone seeking to deepen their awareness of the Divine Reality in daily living.

Non-Accredited Courses

**All non-accredited courses support the principles of the
Science of mind teachings.**



SELF-SABOTAGE:

I WAS A PRISONER OF MY OWN MIND

Reverend Doug Craig

Thursday evenings 7:00 – 9:30, January 20th – March 24th

This course leads to understanding, managing, and controlling your anger. It reflects the transition from being angry, frustrated and reactive to a peaceful place of empowerment, clarity and a proactive lifestyle. Through this course you will learn to recognize the sign posts that life provides and thus develop a healthier relationship with yourself.

I AM MORE THAN THIS

Reverend Toni Hegge, Reverend Nadene Rogers

Thursday evenings 6:30 - 9:30 April 28th/May 12th, 26th/June 9th

The intent of the course is to open a dialog that will give participants access to move from an identity which is based upon what they have been told they are, in which they struggle to seek to be

someone they are not – to creating a life that works based upon their true identity, self-honour and celebration! The participants will cooperatively generate a space in which their personal journey is recognized and supported as they explore and express their own range of possibilities. The course will utilize lecture, discussion, dyads, journal writing, brainstorming techniques – video presentations and music and includes a one hour counselling session upon request.

THE HISTORY AND DEVELOPMENT OF THE NEW THOUGHT MOVEMENT

Reverend Doug Craig

Thursday evenings 7:00 - 9:30, August 18th - 25th

In this course we will explore the roots of the New Thought movement and the basic premise that caused it to become as vast as it is today. Many different organizations sprung from the work of Phineus Parkhurst Quimby, including the beginnings of the Science of Mind by Dr. Ernest Holmes and the subsequent Centers for Spiritual Living.

SELF-EMPOWERMENT AND TRANSFORMATION: MANAGING CHANGE AND FEAR IN OUR LIVES

Reverend Doug Craig

Thursday evenings 7:00 – 9:30, October 13th - 27th

The one constant we have is change and it is forever happening. Understanding how and why we respond the way we do provides us the opportunity to manage change. At times our change is much more extreme and what we go through in those times is transformation.

PROSPERITY PLUS: FROM BONDAGE TO FREEDOM & MOVING THROUGH THE BLOCKS ON THE JOURNEY

Reverend Doug Craig

Thursday evenings 7:00 – 9:30, November 3rd – November 24th

Prosperity is about much more than money. We will explore how it relates to our lives by looking at spiritual laws and how our use of them impacts our experience of prosperity. We will also look at the mental, physical and emotional blocks we encounter along the way. This class is an opportunity to enrich your current live and allows you to move to more comfortable forms of expressing prosperity.

Evening Workshops/Day Seminars



LOVE YOUR BODY, LOSE WEIGHT

Sharon Horstead

Wednesday, January 19th; 7:00 – 9:30 pm

Did you promise yourself this New Year's Eve that you would lose weight and get in shape? This course offers mindfulness practices for listening to your body's wisdom and reaching your ideal weight. Drawing on the healing philosophy of Louise Hay, it offers short, simple processes to start you on your journey to a healthier, happier, sexier, and more peaceful you.

CONSCIOUS RELATIONSHIPS

Reverend Tina May Wilding

Friday, February 11th; 7:00 – 9:00 pm and

Saturday, February 12th; 8:30 am – 4:30 pm

Why do we enter into a sacred union? And why are we drawn to do it again if we didn't have a favorable time in previous relationships? The reason is at the core of who we really are – LOVE. We all seek it,

we all crave it, and we would not survive without it. The mission of this workshop is to empower you to awaken that eternal love with yourself and with your relationships.

CLARIFYING YOUR INNER AND OUTER ROLES

Sherry Matheson and Kerry Woodcock

Wednesday, February 16th; 7:00 – 9:30 pm

Outer roles maintain the structural functioning of a family while inner roles maintain its emotional functioning. Ideally our roles enable ourselves and our families to function smoothly. Outer roles become problematic when people are confused by them or become tired of them. Inner roles can create problems when you become overly synonymous with them. In this course you will gain insights into your roles and uncover shifts which may need to happen.

PLUGGED IN PARENTING: CONNECTING WITH THE DIGITAL GENERATION

Judy Arnall

Wednesday, March 16th; 7:00 – 9:30 pm

Cell-phones, texting, MMRPGs, Facebook, Twitter and many more. Childhood is not the same as we remember it. Many changes in society can affect your child, their education and how you parent. But how do you parent without getting into power struggles, door slamming, and being shut out of your child's life? You can teach your child Media Intelligence and have a great relationship. This presentation will help you connect.

EMBRACING GRIEF

Reverend Tina May Wilding

Wednesday, April 6th; 7:00 – 9:30 pm

Thursday, November 23rd; 7:00 – 9:30 pm

In this course we define the stages of grief so you might understand that grief is a journey and must be travelled at your own pace. We will explore our feelings, learning how to honor them so that healing can begin.

CLOWN FOR A DAY

Reverend Nadene Rogers

Saturday, April 9th; 9:00 – 4:30 pm

With as many opportunities as there are on the market today to

improve this, understand that, grow faster, change instantly...the Art of Clowning is in a league of its own. Clowning asks nothing from us other than to be ourselves. We all have a need to connect with and express our authentic selves, to become more aware of and accepting of ourselves. Whatever your idea of clowns (or of yourself) has been – drop it! Come and explore the fullness of who you are in fun, laughter, and celebration.

EVERYTHING I NEEDED TO KNOW ABOUT A JOYOUS LIFE I LEARNED FROM IMPROV COMEDY

Palmo Carpino

Wednesday, April 20th; 7:00 – 9:30 pm

What if the instruction to “stop thinking so hard and have more fun?” improved your productivity, communication and listening skills and gave you more energy to live life more fully? And, you got to laugh the entire time! The most fun you’ll ever have with the lights on so bring your enthusiasm and leave your inhibitions. Caution: You’re actually going to learn something through all that laughter.

FLEETING MOMENTS: USING COURAGE AND VISION TO CARVE OUT AN EXTRAORDINARY LIFE

Mitzie Wasyliw

Wednesday, May 11th; 7:00 – 9:30 pm

Talk about re-inventing yourself! From being raised as one in a family of 11 on a Saskatchewan farm, through working in a socially unacceptable role, to becoming one of Calgary’s most promising young business entrepreneurs grossing a million dollars in sales annually, to being acknowledged as Citizen of the Year in 1999 and Women of Vision in 2009, this is one self-made woman who is always in service to humankind. Join Mitzie and come to see that excuses and fears of the unknown are not credible partners in living a life of meaning.

HEAL YOUR LIFE

Therese Shaw

Saturday, June 11th; 9:00 - 5:00 pm and Saturday, June 18th; 9:00 - 5:00 pm

This is a very powerful two day workshop developed by Louise Hay. It provides an intensive format to learn to release old emotions, and to love yourself more fully. In this course you will learn to open yourself up and become more aware of your thoughts and feelings, how to love and accept yourself, and how to live more fully.

BE YOUR OWN CEO: SELF-LEADERSHIP LESSONS FOR HAPPINESS, PROSPERITY AND SIMPLICITY

Kim Gordey

Wednesday, June 15th; 7:00 – 9:30 pm

Creating a truly rewarding life requires clarity and discipline that many of us believe belongs only to others – not true! In this workshop you will create your own definition of happiness, prosperity and simplicity, create significant and inspiring personal goals and learn effective self-leadership skills to make it happen. Whether you are looking at a complete life overhaul or just fine-tuning for more rewards, this workshop will help you get clear about what you want and fire up your inner discipline to become an even more dynamic leader in your own life.

EMOTIONAL HEALING THROUGH TRADITIONAL CHINESE MEDICINE

Adrienne Perkins

Wednesday, July 20th; 7:00 – 9:30 pm

TCM sees your body as an energetic system. When everything flows in harmony you experience good emotional and physical health. When this system becomes disrupted you experience disease. Acupuncture and acupressure can help unblock your energetic system. Come learn how to locate points on your own body and apply pressure in such a way as to experience self-healing.

THE HEALING POWER OF ILLNESS: THE MIND BODY CONNECTION

Therese Shaw

Wednesday, August 17th; 7:00 – 9:30 pm

This two hour workshop is based on Louise Hay's work *Heal Your Body*. We will cover different parts of the body and work on clearing the mental thought patterns that create illness/disease. Come and discover the reasons you get colds or headaches ECT so you can release them. In this course you will learn how to understand the messages your body is giving you, how to clear the mental thought patterns that create illness/disease, and how to create new thought patterns so that you can live with ease, not dis-ease.

AWAKENING VOICES: HOW TO AWAKEN YOUR PHYSICAL AND SPIRITUAL VOICE TO EXPRESS YOUR TRUE PURPOSE

Patti Shortreed

Wednesday, September 21st; 7:00 – 9:30 pm

Your voice creates your world. This interactive and engaging session combines practical tools with intuitive insights about how to awaken your true voice and power. The session will include “vocal gymnastics” to develop your inner confidence and knowing. Now, more than ever, you need to be heard. The world needs your voice.

WE DON'T HAVE RELATIONSHIPS TODAY, WE TAKE HOSTAGES!

Maureen Wagner

Wednesday, October 19th; 7:00 – 9:30 pm

Join renowned Calgary matchmaker Maureen Wagner as she shares some of her experiences and what she has learned. This course will look at traditional values are how they are not working well in today's society. This shift has had an impact on the divorce rate. Join Maureen in examining how values impact how we choose relationships and find out ways to build healthy relationships which allow each person the freedom to be who they are.

LOVING WHAT IS: AN INTRO TO BYRON KATIE'S "THE WORK"

Susan Vielguth and Lisa Daley

Wednesday, November 16th; 7:00 – 9:30 pm

In this workshop we will explore the simple, effective, and profound process of inquiry known as “The Work”. It has been called many things including the End of Suffering, the technology of freedom, and Four Questions and a Turnaround. It introduces you to you, without your story. Anyone with an open mind can do it and experience the peace and freedom that lie underneath every painful thought. Join us and find a way out of other people's business and back home to you!



DISCOVERY CLASS:

Expand your mind, expand your life!

Join Rev. Nadene Rogers for this dynamic, interactive session designed to offer an understanding of the New Thought Movement and the scientific use of spiritual principles and practices that will serve you to create the new conditions and experiences that you desire in your life.



Wednesday May 4th; 7:00 – 9:30 pm
Thursday, October 6th; 7:00 – 9:30 pm
These sessions are complimentary

PRESENTER BIOGRAPHIES



REVEREND NADENE ROGERS

Reverend Nadene Elizabeth Rogers aka The IrReverend Lovable Louie the Clown, birthed Canada's first Clown School "So You Wanna Be A Clown" in 1987. She has led seminars and workshops for school, businesses and organizations dedicated to the well-being & creative expression of the human spirit for the past 20 years. From 1992 - 1995 Nadene wrote, produced & toured a one woman/clown show called "Project Crossroads" throughout the junior high school systems in Alberta and B.C. This production reflected Nadene's personal journey through the exploration of the lighter side of the serious subject of substance abuse. Nadene was the founding Executive Director of the 'Teens of Distinction Society,' where she guided and celebrated teens' spiritual growth. In 2009, through a desire to serve and support the human spirit, in our senior community, Nadene birthed The Seniors DREAMWISH Foundation, to assist in the relief of isolation and poverty. As an Ordained Minister and Founding Pastor of the 'Calgary JOY of Life Centre for Spiritual Living', Nadene teaches the principles of New Thought and invites you to JOYfully embrace your humanity, trusting that you are already a perfect expression of the Divine Truth you seek to know.



REVEREND DOUGLAS CRAIG

Reverend Doug has been active in the New Thought movement for 32 years. The founding pastor of the Red Deer Spiritual Centre, Doug is now a sought after speaker and teacher. His extended ministry involves his work with youth through his message of "Attitude + Choice = Consequence" – a powerful message from a very unique perspective. Doug is an instructor in the Business and Tourism department at SAIT. In addition, he is an avid hiker and enjoys his time connecting with nature. He and his partner, Anna, share 7 wonderful grandchildren between them. The motto he lives by is "If you change your attitude, you change your experience." The programs and courses he has created are based on personal life transforming experiences that helped

him move from an angry young man with a great deal of conflict to someone who has achieved deeper degrees of inner peace.



REVEREND TINA MAY WILDING

In her 12 years in Ministry, Tina has facilitated Science of Mind classes, and held seminars on Financial Freedom, Conscious Relationships, and Grief and Loss. She has traveled extensively in Canada and the United States as a guest speaker at many Spiritual Centres and has been published monthly in the Creative Thought magazine for the past 10 years. Ordained in 2007, Rev. Tina compassionately supports the journey

of self-discovery in others through uncovering the Truths that are evident in every experience.



REVEREND TONI HEGGE

Born and raised on the prairies of South Dakota, Rev. Toni took early to the path less travelled. Her journey began with an early awakening to her own personal differences that put her outside of the social norm. Working in masculine professions like the military and construction then adopting more feminine roles like primary teacher, counselor and minister has been in part the experience she needed to understand who and how she was born to be in this world.

Author of several books and many articles on spiritual psychology and living the authentic life, Toni continues to speak to audiences inspiring them to think in ways that will result in the revelation of their spiritual magnificence. Toni's passion is working with those who have been marginalized because of their differences so they can reclaim their own power in creating their lives.



SHARON HORSTEAD

A long time student of spirituality, it wasn't until she started regular spiritual practices, that she began to create the life she wanted. By waking up and living in the now, her world is changing in big ways. She is the author of *Living the Mindful Way*, and a certified *Heal Your Life - Achieve Your Dreams* facilitator.



SHERRI MATHESON AND KERRY WOODCOCK

Sherry and Kerry are Relationship Systems Specialists who work to amplify the power of people's relationship with self, others, and the world. They bring curiosity, authenticity and play to their work and are accredited with the

International Coach Federation.



JUDY ARNALL

Judy is a Professional International, award winning speaker and the best-selling author of *Discipline Without Distress* and *Plugged In Parenting*.



PALMO CARPINO

Palmo is the founding member of Wit Pleasure Advanced Toastmasters which is dedicated to the development of humour in speech. He is a contributing author to the Rich Hopkins book *Go Ahead and Laugh*. He has also entertained audiences with stand-up comedy. A popular master of ceremonies he has been known to "speak for food".



MITZIE WASYLIW

Mitzie is a name and a woman known far and wide within the business and entertainment industries and philanthropic sectors of Calgary, not to mention the sports leagues! Is there anything Mitzie has not done? Recently retired as founder/director of Dew Productions, she is avidly engaged in fund raising with the Fish Creek Ranche Restoration Society that she and her husband Larry Wasyliw founded in 1999. A jubilant new grandmother to Kennedy, cancer survivor and world traveler, Mitzie is presently finishing her first book entitled: 'Fleeting Moments.'



THERESE SHAW

Therese was born in the UK and came to Canada in 2006. In 1998, her life took on a whole new meaning after she read *You Can Heal Your Life* by Louise L. Hay. Therese decided that metaphysics, with its spiritual dimension opened new doors for her. As well as a qualified metaphysical counselor, Therese is a certified Louise Hay Teacher.



KIM GORDEY

Kim is a professional coach specializing in shortening the time it takes for new leaders to be successful in their new role. Known for her approachability, energy, and enthusiasm, she is dedicated to helping others achieve their leadership potential. Kim is the principle of Emerging Leader Consulting.



ADRIENNE PERKINS

A graduate of the Canadian Institute of TCM, Adrienne studied in Calgary for four years followed by a three month internship in China, and a tour of various acupuncture clinics in Malaysia, Thailand, Nepal, New Zealand and California. She is excited to start her practice and is especially interested in treating emotional problems and the psyche with acupuncture.



PATTI SHORTREED

A professional musician, bringing the joy of music and authentic expression into people's lives is one of Patti's greatest pleasures. With more than 25 years experience in business, facilitation, and coaching, she combines corporate experience with studies in consciousness. Her aim is to support her clients to experience breakthroughs, gain clarity, make key decisions, and take action.



MAUREEN WAGNER

Maureen, formerly President and CEO of EMPRESARIO Matchmaker, matched professionals and executives since 1983. Maureen has been a sought after expert on the issues of relationships through many mediums of media in Calgary since the inception of her business as Calgary's premier matchmaker, appearing in documentaries, interviews, and as a feature columnist in the Calgary Herald.



SUSAN VIELGUTH

Susan's life was transformed in 2006 when she read Byron Katie's *I Need Your Love – Is That True?*. Now, 4 years later, she is in the program to be a Certified Facilitator and has had the privilege of attending 4 events with Ms. Katie herself. "The Work" continues to bring her back to her Self, beyond all her ideas and concepts of who she is. She is more connected than ever before and is overflowing with gratitude for this tool.



LISA DALEY

Lisa found "The Work" of Byron Katie in 2008 and right away knew she had found the "how-to" – the questions that would wake her from her nightmare of anger and self-hate. She has participated in 7 of Ms. Katie's events and is in the final stages of the Certified Facilitator Program. Her business, KindMind, aims to bring "The Work" to others. Join her in the peace movement that begins inside each of us.

REVEREND JANET BRYAN ADAMS BURSARY



The Reverend Janet Bryan Adams Bursary is funded by the many students of Science of Mind in gratitude for the transformative changes that have taken place in their lives, through the study of Science of Mind.

This Bursary is available for anyone who has been a member in good standing of the Calgary Joy of Life Centre for Spiritual Living for a minimum of six months.

Applicants must be 18 years. *Please note: The Bursary may only be used towards the cost of accredited Science of Mind classes.*

Registration Fees

Accredited Courses:

SOM 100/200 \$180

plus the additional purchase of either a textbook or workbook

SOM 300

check with office for tuition rates

Non-accredited Courses:

Self-Sabotage \$ 250

I Am More Than This \$ 125

History of New Thought \$ 50

Self-Empowerment \$ 75

Prosperity Plus \$ 95

plus the additional purchase of either a textbook or workbook

Evening Workshops:

\$25/person or 45/couple

Day Seminars:

Clown for a Day \$225

plus the additional purchase of either a textbook or workbook

Two Day Seminars:

Conscious Relationships \$225/couple

Heal Your Life \$125

plus the additional purchase of either a textbook or workbook

JOY of Life Centre for Spiritual Living members receive
registration discounts, please check with the office
403.247.0602

We wish you ease, grace and joy on your path to personal freedom. There are many paths to the One, all asking from us an increasing sense of commitment and devotion to the inner life.

The educational programs offered through our Centre are designed to point you towards your inherent ability and desire to co-create lives of peace, prosperity and joy; to support you in making new choices to express and therefore experience the Truth that lies within you.

We remember that Truth can be found in seeming diversity, if we understand the depth of vision gifted us. The acceptance of diversity, or many expressions of the One, can bring us together as One in Mind and Heart shifting humanity's consciousness to demonstrate the explicit abundant self-existent, inherent Nature in All.

2011 is the gateway into this prophetic planetary polar shift that will produce divine harmony on Mother Earth once again. It is time for us to return to the heart of the Mother the love that we are, transcend in our own mind anything unlike Truth Itself. It begins here, it begins now.

Welcome into the knowing and speaking of your truth.

Reverend Nadene Rogers



www.joyoflifecentre.com

phone: 403.247.0602

email: joyus@telus.net

Sunday Celebration - 10:30 am
Cedarbrae Community Centre 11024 Oakfield Dr. SW