

Conscious Relationships:

Maintaining an Intimate Relationship with your partner

Spiritual Fitness through Creative Express-



Why do we enter into sacred union? The reason is inside the core of who we really are - LOVE. We all seek it and would not survive without it. Join us and awaken that eternal love within yourself and with your relationships

In this session you will:

- Examine your relationship with self
 - Deal with past memories
- Honour the differences between your partner and yourself
- Learn to communicate, manage conflict, and embrace change
 - Learn how to maintain intimacy

Friday February 10th - 7:00pm - 9:00pm

Saturday February 11th - 8:30 - 4:30 pm

\$225/couple (\$200 for members)





TINA MAY WILDING

In her twelve years in ministry Tina has facilitated Science of Mind classes and held seminars on financial freedom, grief and loss, and conscious relationships. She has travelled extensively in Canada and the United States as a guest speaker at many spiritual centres and has been published monthly in Creative Thought magazine for the past ten years. Ordained in 2007, Reverend Tina compassionately supports the journey of self-discovery in others through uncovering the Truths that are evident in every experience.

Location 811 1st Avenue NE (Bridgeland)

To pre-register, call 403.247.0602
or e-mail joyus@telus.net

Visit our website: www.joyoflifecentre.com
for our complete 2012 Education Schedule

