



FALL EQUINOX

Facilitated by: Sheryl Hinds
Monday, September 22nd 7:30 – 9:30 pm
Location: 268 Silverview Way NW
Cost: Love Offering

Celebrating the coming of the four seasons, Spring Equinox, Summer Solstice, Fall Equinox and Winter Solstice are as old as humankind. Each season has its own unique energies and each season is celebrated in recognition of that uniqueness.

The Autumn Equinox is very much like Thanksgiving. Most of the crops have been reaped and abundance is more noticeable than ever! This is the time when we reap the fruits of our labor and lessons.

It is a time of joy and gratitude. The word Equinox means equal night, equal day so this gives us the opportunity to thank the dwindling sunlight for all our growing and look ahead into our bright futures. We are reminded once again of the cyclic nature of the Universe and to view all endings as new beginnings.

Please bring an offering for the Food Bank and a plate of finger foods for us all to enjoy after the ceremony.



Well schooled and employed for many years as a Family Counselor, Group Facilitator and Personal Development Coach, Sheryl believes that, “Metaphysics explains absolutely everything regarding our thoughts, belief systems and the impact of those beliefs in our everyday lives. We create our own reality whether we are conscious of it or not and whether we believe it or not. We are very powerful co-creators with the Universal Mind and it is our conscious understanding of ourselves and our connection with our Creator that brings us Joy or pain.” Sheryl is the Director of Ceremonies for the JOY of Life Centre and facilitates Full Moon Fires, Solstices and Equinoxes, as well as other Earth related ceremonies.

**For more information or to register, please contact the office @ 247-0602
Or contact Sheryl Hinds @ 288 - 7011**